



**WEYMOUTH PUBLIC SCHOOLS**

Strong Schools  Strong Community

**Thank You!!!**

**Thank You!!!**

**Thank You!!!**



**U.S. Coast Guard**  
**for the donation of**  
**CPR Manikins**  
**with Feedback Devices**

***CPR Saves Lives***

*Get Certified...Be Prepared to Save a Life!  
The life you save could be someone you love!*

***Your kind generosity is greatly appreciated!***

**U.S. Coast Guard  
donated  
24 CPR Manikins  
with  
Feedback Devices**

***Sincere thanks to  
MKC Robin Scott  
U.S. Coast Guard***

**Weymouth  
Fire Department  
Teaches classes  
for Students, Staff and  
Community Members**

***Sincere thanks to  
Chief Keith Stark  
Lt. John Higgins  
Firefighter Gary Walsh  
Firefighter Douglas Bocash  
and all Firefighters  
who educate our  
community***



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***CPR Saves Lives***

***Open  
to the  
Community!***

# **CPR Certification Courses**

**at**

## **Weymouth High School**

*Get Certified...Be Prepared to Save a Life!  
The life you save could be someone you love!*

**Various Dates Available**

**2:30—6:30 pm**

**at Weymouth High School**

**1 Wildcat Way, Weymouth, MA 02190**

**Ages 14 and up**

**Certification is Free to High School Students—\$17 fee to community members**

**[Click Here to Register: http://bit.ly/2TxjnV0](http://bit.ly/2TxjnV0)**

**Taking the CPR Class and/or assisting with set/up, etc. are pre-approved  
WHS Community Service Opportunity(s)**

***Please honor your commitment!***

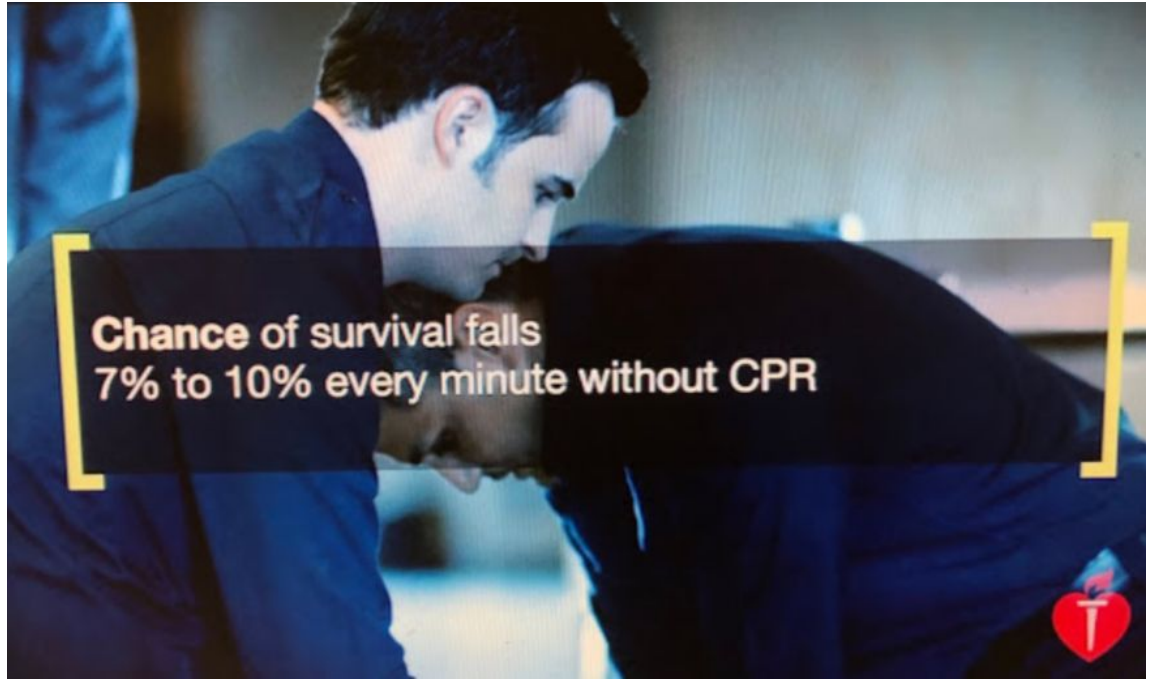
**Previous Manikins will  
be sent to Chapman  
to be used in the  
Health and Gym  
classes.**

**They will be used  
with the new  
Instructional CD  
and Workbooks  
for the  
Friends & Family  
CPR program  
which is an  
introductory program  
(not a certification  
program)**



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***CPR Saves Lives!***

**WPS had  
217 CPR registrations  
for 2018-2019**

**Staff PD Day on 5/7/19  
hosted two classes  
and  
certified 39 faculty  
members**



***CPR Saves Lives***



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**The Need:**

According to the American Heart Association, more than 70% of SCA or Sudden Cardiac Arrests occur at home or similar private settings. As many as 95% of Sudden Cardiac Arrest victims die prior to even reaching the hospital. Out of all these suffering SCAs, only 6%. Therefore, training and acquainting individuals with the basics of CPR and learning how to perform CPR will help save the life of a loved one.

According to the American Heart Association:

Effective CPR provided by a bystander in the first few minutes of cardiac arrest can increase the chances of survival by 2x or 3x.

- Less than 20 percent Americans are equipped to perform CPR during a medical emergency situation.

***CPR Saves Lives!***





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**Over 1,000 people  
have been CPR  
Certified with this  
program!**



Electronic  
records for  
registrations  
available  
from 2015 to  
present

**2015-2016:**

Total Enrollment - 128

Female - 55

Male - 72

Prefer not to specify - 1

**2017-2018:**

Total Enrollment - 115

Female - 84

Male - 30

Prefer not to specify - 1

**2016-2017:**

Total Enrollment - 152

Female - 77

Male - 73

Prefer not to specify - 2

**2018-2019 (to date):**

Total Enrollment - 217

Female - 148

Male - 65

Prefer not to specify - 3



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## **WFD Emergency Responses related to Cardiac Conditions from 7/1/18 - 9/30/18**

In 2010, about one-third of Weymouth's heads of households were 60 or over. This age group also represents about one-third of the heads of households across all of the comparable communities' region. In Weymouth, those aged 45 to 59 represented another third of the total population. The average age of heart attacks is 66 for men and 70 for women. With the current cohort of individuals in the average age range of heart attacks and a projected increase of this population over the next 30 years, it is now more important than ever before to have individuals trained in CPR to be able to respond in an emergency situation and increase the chances of survival as first responders arrive at the scene.

During the time period of 7/1/18 through 9/30/18, Weymouth Fire Department had the following emergency responses related to Cardiac conditions:

- |                                    |                         |
|------------------------------------|-------------------------|
| · 18 Cardiac / Respiratory Arrests | · 15 Heart Problems     |
| · 80 Chest Pains                   | · 11 Hyper/Hypotensions |

***CPR Saves Lives!***

**Cardiac arrests  
can happen anywhere**

**Be Prepared  
to save a life!**



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South Shore Health Systems has recently taken over the Ambulance service for Weymouth and will be tracking this information in the future. However, based on the current data, it is apparent that cardiac arrests are a leading cause of emergency response and in most instances require immediate attention.

Further, cardiac arrests can happen anywhere - including at home, in work environments, restaurants, during everyday activities, and at large events such as sporting events, drama shows, or any other event where people gather. Whether someone uses the training to apply their learned knowledge while babysitting, on a family member, or even on a stranger, the value of saving a life is immeasurable.

***CPR Saves Lives!***

***Where are they  
now?***

**The CPR Classes  
at WHS  
started as a  
2012 WHS Capstone  
Project**



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Student 1: Weymouth Firefighter

Student 2: Needham Firefighter

Student 3: Successful Career in Real Estate

Student 4: Currently in U.S. Army and has taken Firefighter test with plans to become a Firefighter upon discharge from Army

*The two students who are current Firefighters have documented lives saved.*

***Proven results!***







