

### **Return to School Athletics**

#### COVID-19 Changes Voted on by MIAA Board of Directors 8/19/2020

## Overview

- Fall Season
- Winter Season
- Floating Season
- Spring Season
- Middle School Sports
- Protocols
- Pre-Season Conditioning
- Questions



#### **Fall Season**

#### September 18 - November 20, 2020

- Boys/Girls Soccer
- Boys/Girls Cross Country
- Field Hockey
- Swim & Dive
- Golf

#### **Sports To Be Determined**

• Dance, Girls Volleyball, Cheer

(Fall volleyball and dance are being reviewed by the Bay State League. The issue is that they use indoor facilities. No final decision yet from the league.)



### Winter Season

#### November 30, 2020 - February 21, 2021

- B/G Basketball
- B/G Hockey
- Wrestling
- Winter Gymnastics
- B/G Indoor Track & Field
- Winter Cheer
- Dance
- Swim & Dive





## **Floating Season**

#### February 22 - April 25, 2021

- Football
- Fall Cheer
- Unified Basketball
- Fall Sports Not Played



# Spring

#### April 26 - July 3,2021

- Baseball
- Softball
- B/G Lacrosse
- B/G Tennis
- Boys Volleyball
- B/G/U Outdoor Track & Field
- Rugby
- Girls' Golf





## **Middle School Sports**

- Fall Season will be outdoor only
- Start Date TBD
- Out of Town Competitions TBD





### **COVID-19** Protocols

- Daily screening for coaches and athletes
- Mandatory hand sanitizer before, during and after practice
- Appropriate cleaning and disinfecting of all equipment before and after each use
- No sharing of Supplies
  - Water bottles
  - Clothing
  - Personal equipment sticks, gloves, helmets etc.



## COVID-19 Protocols continued...

- Mandatory masks for all coaches
- No Volunteer Coaches
- All MIAA Guidelines will be followed for players before, during and after practice
- Competition guidelines to be released by September 1, 2020
- WHS Athletics Department will provide Covid 19 practice and game guidelines that are approved by the National Federation of High School Sports (NFHS)



## Fall Pre-Season Workout

#### DATE: August 31 - September 11, 2020

- Attendance is NOT required to try out for a team
- Maximum 20 athletes per CDC and Return to Sport Guidelines
- (2 Groups of 10) per 1 Hour Session
- Athletes will only be allowed in one session for the two weeks
- Athletes can NOT change groups once assigned to a group
- Grades 8 12 only
- No sport specific activity



## Fall Pre-Season Workout Schedule

- Week 1- Monday -Friday (Target start date August 31) Sessions
- Group 1 8 9 am
- Group 2 9:30 10:30 am
- Group 3 11:30 12:30 pm
- Group 4 1 2 pm

Protocols and guidelines will be distributed to athletes prior to the start of Pre-Season Workouts







### Weymouth Public Schools

Strong Schools 🗳 Strong Community

## Return to School Extracurriculars

School Committee - August 25, 2020

### **Return To School Group**

- Committee comprised of administrators, teachers, coaches, advisors, and parents
- Meeting since June
- Charged with reviewing after-school activities
- Developed a Fall implementation plan





### **Return To School Group**



#### After-school Activities Timeline

Event	Date
Posting of Extracurricular Advisors	TBD
Information Sharing of plan with families	September 2 - 4, 2020
Virtual Club Fair	September 14 - 17, 2020
Extra-curriculars	October 1, 2020
Exceptions to Oct. 1, 2020 start date	Wildcat Media Honor Societies(National, World Language, and Music) Senior Class



### **Clubs and Extracurriculars**

Guidelines

- Determine risk level
- Follow all health and safety protocols
- Advisors prepare and submit plans
- Upon plan approval, groups begin meeting





