MARCH 2012 WEYMOUTH PRIMARY SCHOOLS BREAKFAST AND LUNCH MENU

ICE CREAM FRIDAYS - 0.75 CENTS

ALTERNATE LUNCH - CHEESE SANDWICH, FRUIT, MILK, JUICE

MILK, 100% JUICE, AND FRUIT ARE SERVED WITH ALL MEALS.

BREAKFAST - 0.75

LUNCH WITH MILK - $2.25 **MILK ONLY - 0.50**

BREAKFAST

BREAKFAST EVERY MONDAY	BREAKFAST EVERY TUESDAY	BREAKFAST EVERY WEDNESDAY	BREAKFAST EVERY THURSDAY	BREAKFAST EVERY FRIDAY
WARM BAGEL CHILLED FRUIT MILK, JUICE	ASSORTED COLD CEREAL CHILLED FRUIT MILK, JUICE	SCRAMBLED EGGS OVEN POTATOES CHILLED FRUIT, MILK, JUICE	WHOLE WHEAT CINNAMON BUNS CHILLED FRUIT MILK, JUICE	APPLE SPICE BREAD CHILLED FRUIT MILK, JUICE

CHEESE STICK OR YOGURT IS AVAILABLE WITH ANY BREAKFAST

						THURSDAY	3/1	FRIDAY 3/2
PART-TIME SUBSTITUTE CAFETERIA WORKERS NEEDED PLEASE GO TO ADMINISTRATION BUILDING FOR AN APPLICATION						AMERICAN CHOP SUEY GREEN BEANS WHOLE WHEAT DINNER ROLL FRUIT / JUICE / JELL-O		GRILLED CHEESE SANDWICH CUCUMBER WHEELS WITH RANCH DRESSING FRUIT / JUICE
MONDAY	3/5	TUESDAY	3/6	WEDNESDAY	3/7	THURSDAY	3/8	FRIDAY 3/9
SONNY'S FAMOUS NORTH END CHEESE PIZZA CARROTS FRUIT JUICE		**IN SERVICE DAY** **1/2 DAY** **NO FOOD SERVICE**		SOFT BEEF TACOS VEGETABLES LETTUCE ,TOMATO, AND CHEESE FRUIT JUICE		FRENCH TOAST STICKS WITH MAPLE SYRUP SAUSAGE APPLE SAUCE JUICE		MACARONI AND CHEESE VEGETABLES FRUIT JUICE
MONDAY	3/12	TUESDAY	3/13	WEDNESDAY	3/14	THURSDAY	3/15	FRIDAY 3/16
SONNY'S FAMOUS NORTH END CHEESE PIZZA FRUIT JUICE		CHICKEN PARMESAN SANDWICH ON WHOLE WHEAT ROLL MINI CARROTS WITH DIP FRUIT JUICE		HAMBURGER OR CHEESEBURGER ON A WHOLE WHEAT ROLL OVEN FRIED POTATOES FRUIT JUICE		TURKEY AND CHEESE SUB PICKLES ***ST PATRICK'S DAY CAKE*** FRUIT JUICE		BAGEL WITH CREAM CHEESE OR JELLY YOGURT / CHEESE STICK FRUIT / JUICE
MONDAY	3/19	TUESDAY	3/20	WEDNESDAY	3/21	THURSDAY	3/22	FRIDAY 3/23
SONNY'S FAMOUS NORTH END CHEESE PIZZA CARROTS FRUIT JUICE		HOT DOG ON A BUN VEGETARIAN BEANS GOLD FISH CRACKERS FRUIT JUICE		PASTA WITH MEAT SAUCE GARDEN SALAD COOKIE FRUIT JUICE		WARM HAM, EGG AND CHEESE ON AN ENGLISH MUFFIN POTATO PUFFS CINNAMON SPICED APPLES JUICE		NACHOS WITH CHEESE SAUCE SALSA NUTRI GRAIN FRUIT BAR JUICE
MONDAY	3/26	TUESDAY	3/27	WEDNESDAY	3/28	THURSDAY	3/29	FRIDAY 3/30
SONNY'S FAMOUS NORTH END CHEESE PIZZA FRUIT JUICE		RAVIOLIS WITH SAUCE VEGETABLE / BREAD STICK BLUEBERRY CRISP JUICE		CHICKEN NUGGETS VEGETABLES WHOLE WHEAT DINNER ROLL FRUIT / JUICE		STEAK AND CHEESE SUB LETTUCE, TOMATO, PICKLES FRUIT JUICE		CINNAMON GLAZED FRENCH TOAST CHEESE STICK FRUIT / JUICE

YOU MAY PREPAY FOR YOUR CHILD'S BREAKFAST AND LUNCH.
SEND IN A CHECK WITH YOUR CHILD'S FULL NAME,
AND GRADE RECORDED ON THE MEMO LINE.
MADE OUT TO WEYMOUTH PUBLIC SCHOOLS
OR GO TO WWW.MEALPAYPLUS.COM

OUR MEALS ARE PLANNED TO COMPLY WITH THE
"USDA RECOMMENDED GUIDELINES".
EACH CHILD MUST TAKE A MINIMUM OF THREE
FOOD GROUPS TO CONSTITUTE A MEAL.
*** menu subject to change without notice**

QUESTIONS AND COMMENTS ARE WELCOME
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