

## MAY 2010 CHAPMAN MIDDLE SCHOOL BREAKFAST AND LUNCH MENU

BREAKFAST - \$1.15

LUNCH WITH MILK - \$2.50

MILK ONLY - 0.50

**MILK, 100% JUICE, AND FRUIT ARE SERVED WITH ALL MEALS.**

<b>BREAKFAST</b>									
<b>BREAKFAST EVERY MONDAY</b>		<b>BREAKFAST EVERY TUESDAY</b>		<b>BREAKFAST EVERY WEDNESDAY</b>		<b>BREAKFAST EVERY THURSDAY</b>		<b>BREAKFAST EVERY FRIDAY</b>	
CEREAL BOWL CHEESE STICK JUICE		CREAM CHEESE STUFFED BAGEL FRESH FRUIT JUICE		MUFFIN FRESH FRUIT JUICE		BREAKFAST COOKIE FRESH FRUIT JUICE		CEREAL BAR FRESH FRUIT JUICE	
<b>MILK AVAILABLE UPON REQUEST ON ALL BAGGED BREAKFAST</b>									
<b>MONDAY</b>	<b>5/3</b>	<b>TUESDAY</b>	<b>5/4</b>	<b>WEDNESDAY</b>	<b>5/5</b>	<b>THURSDAY</b>	<b>5/6</b>	<b>FRIDAY</b>	<b>5/7</b>
CHICKEN NUGGETS DIPPING SAUCE FRENCH FRIES FRUIT JUICE		AMERICAN CHOP SUEY TOSSED SALAD / DRESSING SCALI BREAD FRUIT JUICE		HAM AND CHEESE WRAP PASTA SALAD FRUIT JUICE		GREEK SALAD WITH CHICKEN PITA POCKET FRUIT JUICE		<b>CHAPMAN'S OWN PIZZA</b> CHEESE OR PEPPERONI TOSSED SALAD / DRESSING FRUIT JUICE	
<b>MONDAY</b>	<b>5/10</b>	<b>TUESDAY</b>	<b>5/11</b>	<b>WEDNESDAY</b>	<b>5/12</b>	<b>THURSDAY</b>	<b>5/13</b>	<b>FRIDAY</b>	<b>5/14</b>
RIB-A-QUES ON A SEEDED ROLL MEXICAN CORN SALAD FRUIT JUICE		BUFFALO CHICKEN SUB CARROTS AND CELERY STICKS CORN FRUIT JUICE		STEAK & CHEESE SUB MUSHROOMS, PEPPERS, ONIONS FRUIT JUICE JELLO		PASTA WITH MEATSAUCE SAVORY GREEN BEANS FRENCH BREAD FRUIT JUICE		<b>CHAPMAN'S OWN PIZZA</b> CHEESE OR BUFFALO CHICKEN FRESH VEGGIES FRUIT JUICE	
<b>MONDAY</b>	<b>5/17</b>	<b>TUESDAY</b>	<b>5/18</b>	<b>WEDNESDAY</b>	<b>5/19</b>	<b>THURSDAY</b>	<b>5/20</b>	<b>FRIDAY</b>	<b>5/21</b>
GRILLED BBQ CHICKEN FILET ON A SEEDED ROLL LETTUCE AND TOMATO PASTA SALAD FRUIT / JUICE		TUNA POCKET LETTUCE, TOMATO, PICKLES POTATO CHIPS FRUIT JUICE		FRENCH TOAST SAUSAGE SYRUP FRUIT / JUICE HOMEBAKED COOKIE		ALL BEEF HOT DOG ON A BUN BAKED BEANS FRUIT JUICE		<b>CHAPMAN'S OWN PIZZA</b> CHEESE OR PEPPERONI CUCUMBER WHEELS DIP FRUIT / JUICE	
<b>MONDAY</b>	<b>5/24</b>	<b>TUESDAY</b>	<b>5/25</b>	<b>WEDNESDAY</b>	<b>5/26</b>	<b>THURSDAY</b>	<b>5/27</b>	<b>FRIDAY</b>	<b>5/28</b>
POPCORN CHICKEN DIPPING SAUCE RICE PILAF SAVORY GREEN BEANS FRUIT / JUICE		PLAIN OR SPICY CHICKEN PATTY ON A BUN LETTUCE AND TOMATO FRENCH FRIES FRUIT / JUICE		TURKEY AND CHEESE WRAP LETTUCE AND TOMATO POTATO CHIPS FRUIT JUICE		TWIN TACOS WITH SEASONED HAMBURGER GOLDEN CORN FRUIT JUICE		<b>CHAPMAN'S OWN PIZZA</b> CHEESE PIZZA TOSSED SALAD / DRESSING FRUIT JUICE	
<b>MONDAY</b>	<b>5/31</b>								
<b>MEMORIAL DAY                      NO SCHOOL</b>		<b>MANAGE YOUR STUDENT'S MEAL ACCOUNT                      SIMPLY GO TO <a href="http://WWW.MEALPAYPLUS.COM">WWW.MEALPAYPLUS.COM</a>                      SIGNUP IS FREE</b>							

**YOU MAY PREPAY FOR YOUR CHILD'S BREAKFAST AND LUNCH.**  
 SEND IN A CHECK WITH YOUR CHILD'S FULL NAME,  
 AND GRADE RECORDED ON THE MEMO LINE.  
 MADE OUT TO WEYMOUTH PUBLIC SCHOOLS  
 OR GO TO [WWW.MEALPAYPLUS.COM](http://WWW.MEALPAYPLUS.COM)

OUR MEALS ARE PLANNED TO COMPLY WITH THE  
 "USDA RECOMMENDED GUIDELINES".  
 EACH CHILD MUST TAKE A MINIMUM OF THREE  
 FOOD GROUPS TO CONSTITUTE A MEAL.

QUESTIONS AND COMMENTS ARE WELCOME - CONTACT DAVID ZEOLI 781-337-8430  
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